

	Septe	mber	2025	
١	Т	W	Т	F

1 2 3 4 5

	October 2025					
М	Т	w	T	F		
29	30	1	2	3		

November 2025						
М	Т	W	Т	F		
3	4	5	6	7		

2023	
Т	F
4	5
	T 4

January 2026					
М	T	W	T	F	
12	13	14	15	16	

February 2026						
M	Т	W	T	F		
9	10	11	12	13		

March 2026					
М	T	W	T	F	
16	17	18	19	20	

April 2026					
М	Т	W	Т	F	
27	28	29	30	(N)	

June 2026					
M	Т	W	Т	F	
1	2	3	4	5	
29	30	%	12/1	/3//	



This menu is compliant with the Healthy Eating in Schools Regulations 2013



Monday

Bubble Salmon*

served with Herby diced potatoes, peas or mixed salad, bread and spread

Vegetable Noodles (v) served with a tortilla wrap

Jam and Coconut Sponge with custard

Tuesday

Homemade Beef Lasagne

Homemade Quorn and Spinach Lasagne (v)

served with garlic bread and mixed salad

Fruit and yoghurt

Roast Chicken and Stuffing

Wednesday

Quorn Fillet and Stuffing (ve)

served with dry roast and boiled potatoes, seasonal vegetables and gravy

Fruit flapjack and milk

Pork and Carrot Meatballs

Thursday

Quorn Balls (v)

served with mashed potatoes, broccoli, carrots, green beans

> and gravy *****

Fruit and yoghurt

Cheese and Tomato Pizza (v)

Friday

served with chips, mixed salad or peas

Cheesy Bean Filled Jacket Potoato (v)

Chocolate arctic roll



Tortilla wrap/ Garlic bread,

Rich Homemade Bolognese

Mac and Cheese (v)

Plain/

Tuna and Sweetcorn Mayo

Quorn Sausage (ve) in a **Rich Tomato Sauce**

Chicken and Mixed Peppers

V Vegetarian. All accompaniments to main choices are suitable for vegetarians. Jelly and trifle are not suitable for vegetarians. **Ve** Vegan. All accompaniments to main choices above are suitable for vegans with the exception of Yorkshire pudding. A fully vegan menu is available on request. Menus may vary in faith schools, please check with your individual school for details. *salmon fillet in a gluten free rice/maize flour bubbly crumb coating.

Catering for Medical Diets/Food Allergies

Every effort is made to provide the correct balance of choices to our customers but we cannot guarantee that all choices will be available right to the end of service.



September 2025 M T W T F 8 9 10 11 12

October 2025						
М	Т	W	Т	F		
6	7	8	9	10		

November 2025 M T W T F 10 11 12 13 14

T	W	Т	F
20	21	22	23
	•		

February 2026 23 24 25 26 27

March 2026						
М	Т	W	Т	F		
23	24	25	26	27		

May 2026 M T W T F

June 2026						
М	Т	W	Т	F		
8	9	10	11	12		

July 2026 M T W T F





Thursday Tuesday Wednesday Monday Friday

Jumbo Fish Finger Vegetable

Nuggets (ve) served with Herby diced potatoes, peas or baked beans

Lemon drizzle cake and custard

Homemade Chicken Curry

Homemade Quorn and Spinach Curry (v)

served with rice, mixed salad and naan bread

Fruit and yoghurt

Roast Turkey and Stuffing

Quorn Fillet and Stuffing(ve)

served with dry roast and boiled potatoes, vegetable selection and gravy

Welsh cake and milk drink

Homemade Beef Spaghetti Bolognese

Homemade Vegetable Bolognese (v)

served with a side salad and garlic bread

Fruit and yoghurt

Pork Sausage Hot Dog

Glamorgan Sausage Hot Dog (v)

served with chips, baked beans or peas

Fruit and ice cream



Pork and Carrot Meatballs Rich Homemade Bolognese in a rich Tomato Sauce

Chicken Mayonnaise

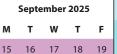
Mac and Cheese (v)

Quorn Sausage (ve) in a savoury Tomato Sauce

Friday

V Vegetarian. All accompaniments to main choices are suitable for vegetarians. Jelly and trifle are not suitable for vegetarians. **Ve** Vegan. All accompaniments to main choices above are suitable for vegans with the exception of Yorkshire pudding. A fully vegan menu is available on request. Menus may vary in faith schools, please check with your individual school for details.





October 2025						
M	Т	w	Т	F		
13	14	15	16	17		

November 2025					
М	T	W	Т	F	
17	18	19	20	21	

	Dece	ııı bei	2023	
М	T	W	T	F
15	16	17	18	19

December 2025

M T W T F	January 2026					
26 27 29 20 20	М	т	w	т	F	
20 27 28 29 30	26	27	28	29	30	

March 2026					
М	т	W	Т	F	
2	3	4	5	6	

May 2026

April 2026					
M	T	W	T	F	
13	14	15	16	17	

June 2026					
М	Т	W	Т	F	
15	16	17	18	19	

ı	- 11	12	13	14	15
		Ju	ly 202	26	

13 14 15 16



Breaded Chicken Goujons

Quorn Nuggets (ve)

served with

Herby diced potatoes, peas,

bread and spread

Spicy Pineapple cake and custard



Monday	Tuesday

Bubble Salmon*

served with Mashed potato, peas, bread and spread

Mac and Cheese with **Broccoli topped** with a Crusty Crumb (v)

served with garlic bread and salad

Fruit and yoghurt

Pork Sausage and Yorkshire Pudding

Wednesday

Quorn Sausage (ve) and Yorkshire Pudding

served with dry roast and mashed potato, seasonal vegetables and gravy

Chocolate brownie and milk

Homemade BBO Minced Beef

Thursday

Homemade BBO Quorn Mince (v)

served with rice, tortilla chips and side salad

Fruit and yoghurt

Cheese and Tomato Pizza (v)

Friday

served with chips, peas and sweetcorn

Tuna and Sweetcorn Filled Jacket Potato

Raspberry arctic roll and fruit





Monday

Tuesday

Plain/

or Baked

Potatoes

Wednesday

Thursday

Friday

Tuna and Sweetcorn Mayonnaise

Rich Homemade Bolognese

Chicken in a Creamy Tomato and Mascarpone Sauce

V Vegetarian. All accompaniments to main choices are suitable for vegetarians. Jelly and trifle are not suitable for vegetarians. Fruit and yoghurt are always available. Ve Vegan.

All accompaniments to main choices above are suitable for vegans with the exception of Yorkshire pudding. A fully vegan menu is available on request.

Mac and Cheese (v)

Quorn balls (ve) in a Savoury Tomato Sauce



This menu is compliant with the Healthy Eating in Schools Regulations 2013

*salmon fillet in a gluten free rice/maize flour bubbly crumb coating. Catering for Medical Diets/Food Allergies

For special diets requests please e-mail: specialdietrequest@torfaen.gov.uk

Menus may vary in faith schools, please check with your individual school for details.

Every effort is made to provide the correct balance of choices to our customers but we cannot guarantee that all choices will be available right to the end of service.





29 30 /1/2/3/

	OCIO
м	Т
20	21

October 2025					
Λ	Т	W	Т	F	
0	21	22	23	24	

November 2025					
М	T	W	Т	F	
24	25	26	27	28	

Januar y 2020				
М	T	W	T	F
5	6	7	8	9

January 2026

February 2026				
М	Т	W	T	F
2	3	4	5	6

March 2026					
М	T	W	T	F	
9	10	11	12	13	

April 2026					
М	T	W	T	F	
20	21	22	23	24	

June 2026					
М	T	W	Т	F	
22	23	24	25	26	

, , , , , , , , , , , , , , , , , , , ,				
М	T	W	T	F
18	19	20	21	22

May 2026

July 2026				
М	Т	W	Т	F
20	21	22	23	24



Monday	Tuesday

Homemade Beef Bolognese Pasta Bake

Homemade Ouorn Bolognese Pasta Bake (v) served with garlic bread and

salad

Fruit and yoghurt

Pork Loin and Stuffing

Wednesday

Quorn Fillet and Stuffing (ve)

served with dry roast and boiled potatoes, assorted vegetables and gravy

Fruit jelly and biscuit

Homemade Chicken Curry

Thursday

Homemade Quorn Curry(v) served with rice, peas or sweetcorn and naan bread

Fruit and yoghurt

Beefburger in a Bun

Friday

Vegetable Burger in a Bun (ve)

Served with chips and peas

Toffee or strawberry yoghurt flavour ice cream





Tuesday Wednesday Thursday Monday Friday

Mac and Cheese (v)

Fish Fingers

Glamorgan Sausage (v)

served with

Herby diced potatoes, baked

beans, bread and spread

Fruit crumble and custard

Chicken and Mixed Peppers

Chicken Mayonnaise

Homemade Beef Bolognese

Pork Sausage in a savoury **Tomato Sauce**

V Vegetarian. All accompaniments to main choices are suitable for vegetarians. Jelly and trifle are not suitable for vegetarians. **Ve** Vegan. All accompaniments to main choices above are suitable for vegans with the exception of Yorkshire pudding. A fully vegan menu is available on request. Menus may vary in faith schools, please check with your individual school for details.